



All net proceeds support Love Chapel. Love Chapel is an area food pantry and provider of assistance for families in need.

In the past seven years, the event has raised over \$50,000 for Love Chapel.

Tax deductible donations may be made to First Baptist Church of Columbus to support Love Chapel.

All registrations are final. No refunds.



[www.firstbaptistcolumbus.org](http://www.firstbaptistcolumbus.org)

This event is part of the



[www.indianatiming.com](http://www.indianatiming.com)

**Race director:**

Jeff Niewedde

812-447-5528

[indianatiming@gmail.com](mailto:indianatiming@gmail.com)

[www.firstbaptistcolumbus.org](http://www.firstbaptistcolumbus.org)



**EIGHTH ANNUAL**

**Date:** Sept. 21, 2019

**Location:** First Baptist Church, Columbus IN

**Registration:** Now or day of race

**Race start:** 8 a.m.

**Awards:** Promptly after race

**Sign up online:**

[signmeup.com/129764](http://signmeup.com/129764)

## HOW TO REGISTER

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**ON-LINE:** signmeup.com/129764

**BY MAIL:** Mail in form

**RACE DAY:** Sign up from 7- 7:50 a.m.

## LOCATION & COURSE

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### Start and finish:

First Baptist Church  
3300 Fairlawn Drive  
Columbus, IN 47203

**Course map:** indianatiming.com

## AWARDS & DOOR PRIZES

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**Results** will be announced promptly after the race and posted online at indianatiming.com.

**Trophies** will be awarded to the top male and female finishers.

**Medals** will go to the top three male and female runners and walkers, and top two male and female finishers in each age group.

**Door prizes** from several area businesses will be given away at the event!

### Make checks payable to:

First Baptist Church  
(Memo line: Seeds of Love 5K)

### Submit registration form to:

First Baptist Church  
3300 Fairlawn Drive  
Columbus, IN 47203

## REGISTRATION FEE

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### WITH SHIRT:

\$25 on or before Sept. 9

### WITHOUT SHIRT:

\$20 on or before Sept. 9  
\$25 after Sept. 9

### YOUTH DISCOUNT:

16 and under \$5 off

## PACKET PICK-UP

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At First Baptist Church,  
3300 Fairlawn Drive

### FRIDAY, SEPT. 20

4 to 6 p.m.

### SATURDAY, SEPT. 21

7 a.m. to 7:50 a.m.

You are invited to bring canned food for Love Chapel on Race Day.

## REGISTRATION

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Age (on Sept. 21): \_\_\_\_\_

**Gender:**  M  F

**Event:**  5K run  5K walk

### T-shirt size:

Adult:  S  M  L  XL  
 2XL  3XL

Youth:  Small  Medium  Large

Payment method:  Cash  Check

Amount enclosed: \$ \_\_\_\_\_

## TERMS OF PARTICIPATION

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In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

\_\_\_\_\_  
(Signature of participant/guardian/Parent's signature for under 18)

Date: \_\_\_\_\_

